

The Ashland Breakfast Club is dedicated to serving the local community through various service and fundraising projects. Their many programs focus on the needs of children in our greater Ashland area, as well as worldwide.

Kiwanis Club of Ashland Breakfast was chartered on November 12, 1974. We meet every Tuesday at 8:00 am in the Ashland Area YMCA.



5K Run/Walk

**Thursday
September 3, 2026
7pm**

**Boyd County Senior Center
(New Catlettsburg City Building)
3015 Louisa Street
Catlettsburg, KY**

- **6pm On-Site Registration**
\$25 before August 24th
\$30 Aug. 24th thru Sept. 2nd
\$35 Day of Race
- *Race shirts guaranteed to all registrants*

- **Support a great cause!**
 - Door prizes
 - Refreshments

Start your holiday weekend off with this great family friendly event!

Course: Flat and fast. Starts and ends at the Senior Center. Course will be an out and back section followed by a loop out thru the historic city district.

Trophies to first three overall male and female finishers. Awards to first three finishers in each male and female age group.
No duplication of awards
Age Groups: 9 and under
10-14 15-19 20-24 25-29 30-34
35-39 40-44 45-49 50-54 55-59
60-64 65-69 70-74 75-79 80+



**Race Director: Alan Osuch
OsuchRacePlanner@aol.com
or 606-369-4403**

**Please mail registration and check payable to:
O Such Race Planners
Memo: *Gate City 5K* to:
Gate City 5K
c/o Alan Osuch
5024 Williams Avenue
Ashland, KY 41101**

***** Cut here *****

Gate City Labor Day 5K

Name: _____ **Gender:** M F **Age on race day:** ____

Address: _____ **Email:** _____

Phone: _____

Shirt Size _____ **(2X, 3X and 4X add \$2.00)** **Amount paid \$** _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Catlettsburg, Ashland Breakfast Kiwanis, O Such Tri-State Race Planners, TriStateRacer.com timing, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ **Date:** _____

Parent/Guardian (For minor): _____