



The Boyd County Varsity Cheerleaders strive to uplift our school and community through spirit, teamwork, and positive leadership. We are committed to growing as athletes and role models who embody pride, perseverance, and sportsmanship.

## 5K Run/Walk

Sunday November 30, 2025 2pm  
Catlettsburg Municipal Building  
3015 Louisa Street Catlettsburg, KY

Proceeds go directly to support our journey through competition season and help us continue to represent Boyd County with heart and dedication.

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| <b>1pm On-Site Registration</b><br><b>\$25 before November 10th</b><br><b>\$30 Nov. 10th thru Nov. 28th</b><br><b>\$35 Day of Race</b><br><b>•Race shirts to all registrants</b>                                                                                                                                                          | <b>• Support a great cause!</b><br><b>• Door prizes</b><br><b>• Refreshments</b><br><i>Come share their energy and enthusiasm!</i>                                                          | <b>Course: Starts and ends at the Municipal Building. Course will be an out and back section followed by a loop out thru the historic city district.</b>                                                                                                  |
| <b>Trophies to first three overall male and female finishers.</b><br><b>Awards to first three finishers in each male and female age group.</b><br><i>No duplication of awards</i><br><b>Age Groups: 9 and under</b><br><b>10-14 15-19 20-24 25-29 30-34</b><br><b>35-39 40-44 45-49 50-54 55-59</b><br><b>60-64 65-69 70-74 75-79 80+</b> | <br><b>Race Director: Alan Osuch</b><br><b><u>OsuchRacePlanner@aol.com</u></b><br><b>or 606-369-4403</b> | <b>Please mail registration and <u>check payable to:</u></b><br><b>O Such Race Planners</b><br><b>Memo: <i>Lions Loose 5K</i> to:</b><br><b>Lions On The Loose 5K</b><br><b>c/o Alan Osuch</b><br><b>5024 Williams Avenue</b><br><b>Ashland, KY 41101</b> |

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## Lions On The Loose 5K

Name: \_\_\_\_\_ Gender: M F Age on race day: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Shirt Size \_\_\_\_\_ (2X, 3X and 4X add \$2.00) Amount paid \$ \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the city of Catlettsburg, Boyd County Varsity Cheerleaders, O Such Tri-State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian (For minor): \_\_\_\_\_