



Continuing the tradition of family friendly entertainment in the community!

Proceeds go to help the Old Fashion Days Committee bring more events into the community!



5K Run/Walk

**Thursday
October 2, 2025
6 pm**

**Greenup Library
508 Main Street
Greenup, KY**

5pm On-Site Registration

\$25 before September 22nd

\$30 Sept. 22nd Thru Oct. 1st

\$35 Day of Race

- Chip timed
- Race Shirts guaranteed to all registered
- Door prizes

*Pizza after the race
provided by Little Caesar's*

Course: Starts at the courthouse and ends at the Library. Flat and fast. An out and back that runs thru the Fairgrounds.

**Trophies to first three overall male and female finishers.
Awards to first three finishers in each male and female age group.**

No duplication of awards

Age Groups: 9 and under 10-14

15-19 20-24 25-29 30-34

35-39 40-44 45-49 50-54 55-59

60-64 65-69 70-74 75-79 80+



**Race Director: Alan Osuch
OsuchRacePlanner@aol.com
or 606-369-4403**

**Please mail registration and check payable to:
O Such Race Planners
Memo: *Old Fashion Days* to:**

**Old Fashion Days 5K
c/o Alan Osuch
5024 Williams Avenue
Ashland, KY 41101**

*****Cut here*****

Old Fashion Days 5K

Name: _____ Gender: M F Age on race day: _____

Address: _____ Email: _____

Phone: _____

Shirt Size _____ (2X, 3X and 4X add \$2.00) Amount paid \$ _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Greenup, O Such Tri-State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____

Date: _____

Parent/Guardian (For minor): _____