Our mission at Ashland Blazer High School is to use basketball as a platform to build authentic young men. We want student athletes to leave Blazer and have the tools needed to be successful beyond basketball. Our emphasis on coaching is not limited to just X's & O's, our goal is to develop the whole person. We will work daily to foster personal growth and prepare students to contribute to the success and vitality of their school and community. As a staff, we will foster the academic success of students through graduation and help them become the best version of themselves through athletics.



## 5K Run/Walk

Sunday September 14, 2025 2pm

Boyd County Senior Center (New Catlettsburg City Building) 3015 Louisa Street Catlettsburg, KY

1pm On-Site Registration \$25 before September 1st \$30 Sept. 1st thru Sept. 13th \$35 Day of Race Race shirts guaranteed

Race shirts guaranteed to all registrants

Trophies to first three overall male and female finishers.

Awards to first three finishers in each male and female age group.

No duplication of awards

Age Groups: 9 and under

10-14 15-19 20-24 25-29 30-34

35-39 40-44 45-49 50-54 55-59

60-64 65-69 70-74 75-79 80+

- Support a great cause!
  - Door prizes
  - Refreshments

Support the young men of our community!

Course: Flat and fast.
Starts and ends at the Senior
Center. Course will be an out
and back section followed by
a loop out thru the historic
city district.



Race Director: Alan Osuch OsuchRacePlanner@aol.com or 606-369-4403

Please mail registration and check payable to: O Such Race Planners Memo: Run With The Tomcats 5K to: Gate City 5K c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101

## **Run With The Tomcats 5K**

Name:	Gender: M F Age on race day:
Address:	Email:
	Phone:
Shirt Size	(2X, 3X and 4X add \$2.00) Amount paid \$
and properly trained. I agr risks associated with runni (including high heat or hun read this waiver, I release the	ng a road race is a potentially hazardous activity and I should not enter a run unless I am medically a to abide by any decisions of a race official relative to my ability to safely complete the run. I assume a in this event, including but not limited to, falls, contact with other participants, the effects of weather lity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having City of Catlettsburg, Ashland High School, O Such Tri-State Race Planners, TriStateRacer.com timinall sponsors from all claims to liabilities arising out of my participation in this event.
Signature:	Date:
Parent/	uardian (For minor):