



**Ashland Middle School  
Junior Beta Club**

**8<sup>th</sup> Annual  
Stride for Strays  
5K Run/Walk**

5K Run/Walk  
2K Walk with Dogs  
**Sunday, May 18th**  
**Race starts at 1:30 pm**  
AARF Building  
Paul Coffey Park  
12365 Kevin Ave.

<ul style="list-style-type: none"> <li>• <b>There will be on-site registration</b></li> <li>• <b>\$20.00 if pre-registered for 5K before April 15th</b></li> <li>• <b>\$10.00 if pre-registered for 2K walk before April 15th</b></li> <li>• <b>\$25 for 5K and \$15 for 2K On Day of Race</b></li> </ul>	<ul style="list-style-type: none"> <li>• T-Shirts guaranteed to first 150 registered</li> <li>• Run or Walk with friends and/or walk with AARF dogs</li> <li>• Walk with your own dog – <b>NO AGGRESSIVE DOGS</b></li> </ul>	<p>Course: Flat and fast</p> <p>Starts at AARF facility and ends AARF facility at Paul Coffey Park</p>
<p>Trophies to first overall male and female finishers of the 5K.</p> <p>Awards to first three finishers in each male and female group of the 5K. No duplication of awards.</p> <p>Age groups: 9 and under, 10-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70+</p>	<p>Race Director: Elizabeth Grant elizabeth.grant@ashland.kyschools.us</p> <p>Time Officials: To be Announced</p>	<p>Please mail registration and check payable to: <b>Ashland Middle School Beta Club</b></p> <p><b>Memo: Stride for Strays</b> To: <b>Ashland Middle School Beta Club</b> <b>Stride for Strays</b> <b>2800 Kansas Street</b> <b>Ashland, KY 41102</b></p>

**Stride for Strays 5K Run/Walk and 2K Walk**

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Gender: M F Age on race day: \_\_\_\_\_

Shirt Size: \_\_\_\_\_ (2X, 3X and 4X add \$2.00) Donation \$ \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_

**WAIVER:** I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to; falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the Ashland Animal Rescue Fund, Ashland Middle School Beta Club, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian (for minor): \_\_\_\_\_