

American Gold Star Mothers, Inc.  
**STRENGTHEN  
 ONE  
 ANOTHER**



*Mission: Finding strength in the fellowship of other Gold Star Mothers who strive to keep the memory of our sons and daughters alive by working to help veterans, those currently serving in the military, their families and our communities.*



**Run/Walk 5K  
 And 1 Mile Memory  
 Walk**

**October 4, 2025  
 9am**

**Barboursville Park  
 Barboursville, WV**

• **8:00am On-Site Registration**  
 \$25 before Sept. 22nd  
 \$30 Sept. 22nd thru Oct. 2nd  
 \$35 Day of Race

• **Race shirts guaranteed to all registered**

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- **Door Prizes**
- **Refreshments**

**Course: Start at the lake > out to the soccer field road > over the bridge > .5 mile to the right > turn around > return to the lake to finish.**

**Trophies to first three overall male and female finishers.**  
**Awards to first three finishers in each male and female age group.**  
*No duplication of awards*  
**Age Groups: 9 and under**  
 10-14 15-19 20-24 25-29 30-34  
 35-39 40-44 45-49 50-54 55-59  
 60-64 65-69 70-74 75-79 80+

**Race Director: Alan Osuch**  
**OsuchRacePlanner@aol.com**



**RACE PLANNERS**  
 or 606-369-4403

**Please mail registration and check payable to:**  
**O Such Race Planners**  
**Memo: Run To Salute to:**  
**Run To Salute 5K**  
**c/o Alan Osuch**  
**5024 Williams Avenue**  
**Ashland, KY 41101**

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**Run To Salute 5K**

**Name:** \_\_\_\_\_ **Gender:** M F **Age on race day:** \_\_\_\_

**Address:** \_\_\_\_\_ **Email:** \_\_\_\_\_

\_\_\_\_\_ **Phone:** \_\_\_\_\_

**Shirt Size** \_\_\_\_\_ **(2X, 3X and 4X add \$2.00)** **Amount paid \$** \_\_\_\_\_

**Choose one: 5K** \_\_\_\_\_ **1 Mile** \_\_\_\_\_

**Extra donation \$** \_\_\_\_\_ **Amount paid \$** \_\_\_\_\_

**WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release Gold Star Mothers of WV, Village of Barboursville, O Such Tri- State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian (For minor):** \_\_\_\_\_