

Safe Harbor of Northeast KY is dedicated to eliminating domestic violence through prevention, education and intervention.



## July 12, 2025 **Saturday** 9am

5KRun/Walk

**Crabbe School** 520 17th Street **Ashland, KY** 

## Proceeds go to support art programs at Safe Harbor!

8am On-Site Registration

\$25 Thru June 30th

\$30 July 1st Thru July 10th

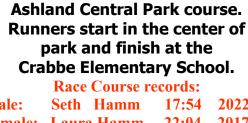
\$35 Day of Race

Trophies to first three overall male and female finishers. Awards to first three finishers in each male and female age group. Award for the first stroller. No duplication of awards Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 60-64 65-69 70-74 75-79

Race shirts guaranteed to all registered

**Door prizes** 

Sandwiches after the race catered by Ghostly Gourmet!



**Course: Uses the City of** 

Male: 2022 Female: Laura Hamm 22:04 2017

Race Director: Alan Osuch OSuchRacePlanner@aol.com Please mail registration and check payable to **O Such Race Planners** Memo: *Happy Feet 5K* to: Happy Feet 5K c/o Alan Osuch 5024 Williams Avenue

55-59 80+	Or 606-369-4403	Ashland, KY 41101

*********	**************************************
	Happy Feet 5K
Name:	Address:
Email:	_
Phone:	_ Gender: M F Age on race day:
Shirt Size (2X, 3X and 4X a	dd \$2.00) Extra donation \$ Amount paid
	entially hazardous activity and I should not enter a run unless I am medically able and properly official relative to my ability to safely complete the run. I assume all risks associated with running in
his event, including but not limited to. falls, contac	et with other participants, the effects of weather (including high heat or humidity), traffic and the
	and appreciated by me. Having read this waiver, I release Safe Harbor, City of Ashland, Crabbe School, unteers and all sponsors from all claims to liabilities arising out of my participation in this event.
Signature:	Date:
Parent/Guardian (Fo	or minor):