

  <p><i>Bridge Builders Youth volunteer in the community and bridge gaps that they see through education, insight, and the want to UNITE their community</i></p>		<p><u>5K Run/Walk</u></p> <p>Saturday</p> <p>May 3, 2025</p> <p>9am</p> <p>Downtown Greenup Community Park Greenup, KY</p>
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<p>8am On-Site Registration</p> <p>\$25 before April 21st</p> <p>\$30 Apr. 21st thru May 1st</p> <p>\$35 Day of Race</p>	<p>Shirts to all registrants</p> <p>Make it a family affair!</p> <p>Door prizes</p> <p>Refreshments</p>	<p>Course: Starts and ends in the Greenup City Park. Two long scenic sections on the course run right along the river. Fun and safe for all ages.</p>
<p>Trophies to first three overall male and female finishers.</p> <p>Awards to first three finishers in each male and female age group.</p> <p>Award for the first stroller.</p> <p><i>No duplication of awards</i></p> <p>Age Groups: 9 and under</p> <p>10-14 15-19 20-24 25-29 30-34</p> <p>35-39 40-44 45-49 50-54 55-59</p> <p>60-64 65-69 70-74 75-79 80+</p>	 <p>RACE PLANNERS</p> <p>Race Director: Alan Osuch</p> <p><u>OsuchRacePlanner@aol.com</u></p> <p>or 606-369-4403</p>	<p>Please make <u>check payable to:</u></p> <p><i>O Such Race Planners</i></p> <p>Memo: <i>Bluegrass Bolt 5K</i></p> <p>Please mail registration to:</p> <p>Bluegrass Bolt 5K</p> <p>c/o Alan Osuch</p> <p>5024 Williams Avenue</p> <p>Ashland, KY 41101</p>

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Bluegrass Bolt 5K

Name: _____ **Address:** _____

Email: _____

Phone: _____ **Gender:** M F **Age on race day:** _____

Shirt Size _____ (2X, 3X and 4X add \$2.00) **Extra donation \$** _____ **Amount paid \$** _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Greenup, United Way Of Northeast Kentucky, O Such Tri-State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ **Date:** _____

Parent/Guardian (For minor): _____