

At Passages LLC, we are committed to providing empathetic and effective substance abuse and mental health counseling through the convenience of telehealth and in-person sessions. Our dedicated team of licensed professionals is here to support you on your journey to wellness, offering a range of therapeutic services tailored to meet your unique needs.



5K Run/Walk

Sunday November 10, 2024 2pm

Community Park Barboursville WV

Proceeds go to support Passages Teen Vaping Cessation Program!

1pm on site registration

\$25 before October 28th \$30 Oct. 28th thru Nov. 9th \$35 On Race Day

Trophies to first three overall male and female finishers.

Awards to first three finishers in each male and female age group.

No duplication of awards

Age Groups: 9 and under 10-14
15-19 20-24 25-29 30-34
35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80+

Name:

•Shirts guaranteed to all registered

- •Door prizes
- •Refreshments

Course: Start at the lake > out the soccer field road > over the bridge > .5 mile to the right > turn around > return to the lake to finish.

Please mail registration and <u>check payable to:</u>

O Such Race Planners
Memo: Escape The Vape 5K to:

Escape The Vape 5K c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101

Age on race day:



RACE PLANNERS
Race Director: Alan Osuch
OsuchRacePlanner@aol.com
or 606-369-4403

Escape The Vape 5K

Gender: M F

Address: _	Email:
	Phone:
Shirt Size _	(2X, 3X and 4X add \$2.00) Donation \$ Amount Enclosed \$
able and proper! I assume all risk effects of weather appreciated by r	with the trunning a road race is a potentially hazardous activity and I should not enter a run unless I am medically trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. associated with running in this event, including but not limited to. falls, contact with other participants. the (including high heat or humidity), traffic and the conditions of the road, all such risks being known and e. Having read this waiver, I release the Village of Barboursville, PassagesLLC O Such Tri-State Race eRacer.com timing, race officials, volunteers and all sponsors from all claims to liabilities arising out of my his event.
Signati	re: Date:
J	Parent/Guardian (For minor):