

Our mission at Ashland Blazer High School is to use basketball as a platform to build authentic young men. We want student athletes to leave Blazer and have the tools needed to be successful beyond basketball. Our emphasis on coaching is not limited to just X's & O's, our goal is to develop the whole person. We will work daily to foster personal growth and prepare students to contribute to the success and vitality of their school and community. As a staff, we will foster the academic success of students through graduation and help them become the best version of themselves through athletics.



## 5K Run/Walk

Sunday  
September 15, 2024  
2pm

Boyd County Senior Center  
(New Catlettsburg City Building)  
3015 Louisa Street  
Catlettsburg, KY

**1pm On-Site Registration**  
**\$25 before September 2nd**  
**\$30 Sept. 2nd thru Sept. 14th**  
**\$35 Day of Race**  
*Race shirts guaranteed to all registrants*

- Support a great cause!
  - Door prizes
  - Refreshments
- Support the young men of our community!*

**Course: Flat and fast.**  
Starts and ends at the Senior Center. Course will be an out and back section followed by a loop out thru the historic city district.

Trophies to first three overall male and female finishers.  
Awards to first three finishers in each male and female age group.  
*No duplication of awards*  
Age Groups: 9 and under  
10-14 15-19 20-24 25-29 30-34  
35-39 40-44 45-49 50-54 55-59  
60-64 65-69 70-74 75-79 80+



Race Director: Alan Osuch  
[OsuchRacePlanner@aol.com](mailto:OsuchRacePlanner@aol.com)  
or 606-369-4403

Please mail registration and check payable to:  
O Such Race Planners  
Memo: *Run With The Tomcats 5K* to:  
Gate City 5K  
c/o Alan Osuch  
5024 Williams Avenue  
Ashland, KY 41101

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## Run With The Tomcats 5K

Name: \_\_\_\_\_ Gender: M F Age on race day: \_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Shirt Size \_\_\_\_\_ (2X, 3X and 4X add \$2.00) Amount paid \$ \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Catlettsburg, Ashland High School, O Such Tri-State Race Planners, TriStateRacer.com timing, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian (For minor): \_\_\_\_\_