

**CONQUER THE HILL
VESUVIUS
5K EAGLE RUN/
WALK**

**SATURDAY MAY 4, 2024
9:30 AM**

VESUVIUS BOAT DOCK
IRONTON, OHIO
WAYNE NATIONAL FOREST



KIDS FUN RUN

1 MILE TRAIL RUN
SATURDAY MAY 4, 2024

9:00 AM

VESUVIUS BOAT DOCK
IRONTON, OHIO

**FUNDRAISER FOR SCCA
CROSS COUNTRY TEAMS**

LOTS OF DOOR PRIZES

**BREAKFAST BY
CHICK-FIL-A !!!!**

VIRTUAL OPTIONS
(Text 740-646-1028)

JOIN OUR FACEBOOK PAGE
Conquer the Hill:
5K Eagle Run/Walk

CONQUER THE HILL

5K COURSE:

ROAD RACE-HILLY!

STARTS AND ENDS AT THE
VESUVIUS BOAT DOCK
RUNS THROUGH THE OAK
HILL CAMPGROUND.

BUY A HOODIE TO
SUPPORT OUR TEAMS &
REGISTER FOR THE RACE

ADULTS—\$25.00

ALL STUDENTS—\$15.00

5K MEDALS TO 1ST OVERALL
MALE & FEMALE FINISHERS
MEDALS TO 1ST 2ND & 3RD
FINISHERS IN MALE AND
FEMALE AGE GROUPS.

KID'S FUN RUN: MEDALS TO
1ST 2ND & 3RD PLACE
BOY & GIRLS
PARTICIPANT MEDALS
FOR ALL KIDS

MAKE CHECK PAYABLE TO: SCCA
MEMO: Hoodie
MAIL TO: SCCA ATTN: GINA
4824 ST RT 141
IRONTON, OH 45638
QUESTIONS—740-646-1028
**OR REGISTER ONLINE @
RUNSIGNUP.COM**

God has blessed our Cross Country Team and has opened the door for a portion of this years funds to go towards sponsoring a student at Amy for Africa Christian Academy. Amy for Africa is an International Christian Ministry. They provide Ugandan children with a high-quality education and a knowledge of God's Word and Jesus Christ through discipleship.

To learn more visit amyforafrica.com or follow them on Facebook at Amy for Africa.

Thank you for supporting our Cross Country Team and a Student in Africa!

CHOOSE YOUR RACE: 5K ___ FUN RUN ___ HOODIE ONLY ___

NAME: _____ ADDRESS: _____

EMAIL: _____ PHONE: _____ MALE ___ FEMALE ___

AGE ON RACE DAY _____

HOODIE SIZE: ADULT: XSM ___ SM ___ MED ___ LG ___ XLG ___ 2X ___ 3X ___ 4X ___

YOUTH: XSM ___ SM ___ MED ___ LG ___ XLG ___

AMOUNT PAID: _____ ADULTS \$25 ALL STUDENTS (K-12) \$15

WAIVER: I know that running a road/trail race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release Vesuvius Recreation Center, Sugar Creek Missionary Baptist Church, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

SIGNATURE: _____ DATE: _____

PARENT/GUARDIAN (FOR MINOR): _____

