



**Texas Roadhouse
Presents
13th Annual
Sounds Of
Christmas
5K**

5K Run/Walk
**December 9, 2023
Saturday 9am**
**Russell Senior
Center
520 Bellefonte Street
Russell, KY**

Proceeds go to Giving Tree and Greenup Helping Hands!

<ul style="list-style-type: none"> • 8am On-Site Registration • \$30.00 if pre-registered before December 8th • \$35 Day of Race <p>Long sleeve soft race shirt to all entered!</p>	<ul style="list-style-type: none"> • Door prizes • Awards to 3 best costumes! <p>On site meal after the race catered by the Texas Roadhouse!</p>	<p>Course: Starts and ends at the Russell Senior Center. Heads out past the Super Quik then toward the river. Along the river and back past the Senior Center. Then there is an out and back toward Worthington.</p>
<p>Trophies to first two overall male and female finishers. Awards to first three finishers in each male and female age group.</p> <p><i>No duplication of awards</i></p> <p>Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80+</p>	 <p>RACE PLANNERS Race Director: Alan Osuch OsuchRacePlanner@aol.com or 606-369-4403</p>	<p>Please mail registration and <u>check payable to:</u> <u>O Such Race Planners</u> Memo: <i>Sounds Of Christmas</i> to: Sounds Of Christmas 5K c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101</p>

Sounds Of Christmas 5K

Name: _____ Gender: M F Age on race day: ____

Address: _____ Email: _____

Phone: _____

Shirt Size _____ (2X, 3X and 4X add \$2.00) Amount paid \$ _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Russell, Russell Senior Center, Texas Roadhouse, O Such Tri-State Race Planners, TriStateRacer.com timing, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ Date: _____

Parent/Guardian (For minor): _____