

Ironton First Nazarene Church
and the
Boy Scouts of America




BOY SCOUTS
OF AMERICA®
Ironton Troop 106



4 Mile Run/Walk
Saturday 9am
August 19, 2023
Lake Vesuvius
Wayne National Forest,
Furnace Shelter
Ironton, OH

**Proceeds will be used for the Boy Scout excursions
and the Nazarene Youth Group mission trips!**

<p>•8am On-Site Registration</p> <ul style="list-style-type: none"> • \$ 25 if registered before August 18th \$30 Day of Race 	<ul style="list-style-type: none"> •Race Shirts guaranteed to all registered •Pancake and sausage breakfast immediately after the race! 	<p>Course: Challenging course going two miles up, around the campground and then two miles down. Course levels and inclines in a staircase fashion.</p>
<p>Trophies to first three overall male and female finishers. Awards to first three finishers in each male and female age group. <i>No duplication of awards</i> Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80+</p>	 <p>RACE PLANNERS Race Director: Alan Osuch OsuchRacePlanner@aol.com or 606-369-4403</p>	<p>Please mail registration and <u>check payable to:</u> <i>O Such Race Planners</i> Memo: <i>Vesuvius Challenge to:</i> Vesuvius Challenge c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101</p>

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Vesuvius Challenge 4 Miler

Name: _____ Address: _____

Email: _____

Phone: _____ Gender: M F Age on race day: _____

Shirt Size _____ On all 2X, 3X and 4X add \$2.00

Donation \$ _____ Amount Enclosed \$ _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the Wayne National Forest, Ironton First Nazarene Church, Ironton Boy Scout Troop #106, O Such Tri-State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event

Signature: _____ Date: _____

Parent/Guardian (For minor): _____