

**Mission Statement: Blessing out community through giving. Reaching out to the kids with positive activities at no cost to families**

**Proceeds go to helping low income children pay for church camp. Provide food, set up activities and resources for kids throughout Ashland.**



**5K Run/Walk**

**Saturday  
June 24, 2023  
9am**

**Old Boyd County  
Courthouse  
Catlettsburg, KY**

- **8am On-Site Registration**
- **\$25 pre-registered before June 23rd**
- **\$30 Day of Race**

- **Support a great cause!**
- **Door prizes**
- **Refreshments**
- ***Race shirts guaranteed to all registrants***

**Course: Flat and fast. Starts and ends at the courthouse. Course will be an out and back section followed by a loop out thru the historic city district.**

**Trophies to first three overall male and female finishers. Awards to first three finishers in each male and female age group. No duplication of awards**  
**Age Groups: 9 and under**  
**10-14 15-19 20-24 25-29 30-34**  
**35-39 40-44 45-49 50-54 55-59**  
**60-64 65-69 70-74 75-79 80+**

**Race Director: Alan Osuch**  
**OsuchRacePlanner@aol.com**  
**or 606-369-4403**

**Please mail registration and check payable to: O Such Race Planners**  
**Memo: Kids Matter 5K to: Kids Matter 5K**  
**c/o Alan Osuch**  
**5024 Williams Avenue**  
**Ashland, KY 41101**

\*\*\*\*\*Cut here\*\*\*\*\*

**Kids Matter 5K**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Gender: M F**

**Age on race day: \_\_\_\_\_**

**Shirt Size \_\_\_\_\_ (2X, 3X, 4X add \$2.00) Donation \_\_\_\_\_ Amount Enclosed\$ \_\_\_\_\_**

**WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Catlettsburg, Christian Faith Outreach, O Such Tri-State Race Planners, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.**

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent/Guardian (For minor):** \_\_\_\_\_