

9th Annual

5K Run/Walk

5K Run/Walk Saturday 9am **October 15, 2022 Old Boyd County**

Courthouse Catlettsburg, KY

Virtual option available online at TriStateRacer.com

All proceeds from this event will a "This race is for all those ladies who can't and for all those ladies who never got the chance. I get to say 'I'm cancer free' thanks to early detection and advanced research in treatments for breast cancer and breast reconstruction surgery." Tippi Thompson	•8am On-Site Registration •\$25.00 if registered on or before October 14th •\$30 Day of Race Door Prizes! <i>Hot dog cookout!</i>	Course: Flat and fast. Starts and ends at the courthouse. Course will be an out and back section followed by a loop out thru the historic city district.
Trophies to first two overall male and female finishers. Awards to first three finishers in each male and female age group. <i>No duplication of awards</i> Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75+	RACE PLANNERS RACE PLANNERS Race Director: Alan Osuch OsuchRacePlanner@aol.com or 606-369-4403	Please mail registration and <u>check payable to O Such</u> <u>Race Planners</u> Memo: <i>Diabolical Boob 5K</i> to: Diabolical Boob 5K c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101

Name:	Gender: M H	F Age on race day:
Address:	Email:	
	Phone:	
Shirt Size	(2X, 3X and 4X add \$2.00)	Amount paid \$

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants. the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Catlettsburg, Such Tri-State Race Planners, race officials. volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature:

Parent/Guardian (For minor):

Date: