

The Races:

3 Miler – Start at the lake > out the soccer field road > turn around at the 1.5 mile mark > return to lake to finish. Race starts at 6:30 PM on July 15th!

4 Miler – Start at the lake with a lap > out the soccer field road > turn around at the shooting range > return and finish with a lap around lake. Race starts at 6:30 PM on August 12th

5 Miler – Start at the lake with a lap > out the soccer field road > to the shooting range > over the bridge > turn around and return as you went out > do one lap around the lake to Finish. Race Starts at 6:30 PM on September 16th

Facilities:

Restrooms are available at the start/finish area.

Virtual

Awards:

Finisher medal to those that complete all three races.

Special Long Sleeve Tech Shirt

To all registrants

Results

1. Run your race anywhere
 2. Post your time online
- July 15/16
August 12/13
September 16/17



In Person

Awards:

3 Miler

Trophies – Top 2 overall male and female

Medals – Top 3 Male and female age groups

4 Miler

Trophies – Top 2 overall male and female

Medals – Top 3 Male and female age groups

5 Miler

Trophies – Top 2 overall male and female

Medals – Top 3 Male and female age groups

Series Awards

Trophies – Top 2 overall male and female

Medals – Top 3 Male and female age groups

(No duplication of awards)

Special Long Sleeve Tech Shirt

To all registrants

Age Groups:

12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

**All proceeds will benefit the
Ashland Community Kitchen and
the Ironton City Mission Pantry**



Entry Form

Summer Series

Which race are you signing up for?

In Person Plus Finisher Medal \$80 _____
In Person No Finisher Medal \$70 _____
Virtual Plus Finisher Medal \$70 _____

First Name:

Last Name:

Age on	M/F	S	M	L	XL	XXL	XXXL
07/16/2021	Gender	Shirt Size					

Address

City State Zip

E-Mail

Phone

I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release O Such Tri-State Race Planners, race officials and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature (Parent if under 18)

Date

Please fill out the form to the right and mail with remittance to:

Barboursville Summer Series
C/O: Alan Osuch
5024 Williams Avenue
Ashland, KY 41101

Make Checks Payable to:
O Such Race Planners