



5K Run/Walk
March 19, 2022
Saturday 7:30am
Holy Family School
900 Winchester Avenue
Ashland, KY
Virtual option available
online at TriStateRacer.com

Proceeds go to scholarships and technology!

<ul style="list-style-type: none"> • 6:30am On-Site Registration • \$25 pre-registered before March 18th • \$30 Day of Race <p>Extra soft race shirts guaranteed to all registered No dogs</p>	<ul style="list-style-type: none"> • This is the first local race of the running season • CHIP TIMED • Extra soft race shirts guaranteed to all registered • Door prizes and refreshments <p>Wear your green! Special prize for best costume!</p>	<p>Course: Flat and fast. Starts at the Holy Family School. Down Carter Avenue to the Town Center Mall. Around the outer rim of the mall parking area three times then return back on Carter Avenue to the School.</p> <p>Race Course records: Male: Dustin Moritz 16:09 2016 Female: Rebekah Howard 20:37 2018</p>
<p>Trophies to first three overall male and female finishers. Awards to first three finishers in each male and female age group. Award for the first stroller. <i>No duplication of awards</i> Age Groups: 9 and under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75+</p>	 <p>Race Director: Alan Osuch OsuchRacePlanner@aol.com or 606-369-4403</p>	<p>Please make <u>check payable to:</u> <i>O Such Race Planners</i> Memo: <i>Leaping Leprechaun</i></p> <p>Please mail registration to: Leaping Leprechaun 5K c/o Alan Osuch 5024 Williams Avenue Ashland, KY 41101</p>

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Leaping Leprechaun 5K

Name: _____ Address: _____
Email: _____
Phone: _____ Gender: M F Age on race day: _____
Shirt Size _____ (2X, 3X, 4X add \$2.00) Donation _____ Amount Enclosed\$ _____

WAIVER: I know that running a road race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to. falls, contact with other participants. the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release the City of Ashland, Holy Family Church and School, O Such Tri-State Race Planners, TriStateRacer.com timing, race officials. volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

Signature: _____ Date: _____
Parent/Guardian (For minor): _____